

**ABSTRACT OF THE DISLCOSURE**

A lamp (10) is disclosed with a single or double-sided socket, whereby a bulb element (11) is arranged on the at least one socket (12), which surrounds a volume of space (14) and said lamp is provided with at least one LED element (13). An irradiation of the LED light into the bulb element occurs and, as a result of reflection, in particular total reflection, on the defining surfaces (16,17) of the bulb element a transmission of the LED light within the bulb element occurs.